

What is the CSFP?

The Commodity Supplemental Food Program (CSFP) works to improve the health of low-income elderly at least 60 years of age by supplementing their diets with nutritious USDA commodity food.



What are the requirements to get food through CSFP?

The income limit for the elderly is at or below 130 percent of the Federal Poverty Income Guidelines.

Household Size	Monthly Income
1	\$1265
2	\$1705

What foods are provided to Participants?

Food boxes include a variety of foods including,

2 boxes of cereal, 1 package of non-fat dry milk, 2 units of shelf-stable milk, 2 bottles of juice, pasta, peanut butter or non-meat protein, canned meat, fish or poultry, 2 cans of canned fruits, 4 cans of canned vegetables, and 2 lb low fat cheese.



How often will I receive my food box?

Food boxes are distributed on a monthly basis. The number of boxes distributed is limited, so individuals

placed on a waiting list may not receive a box on a regular schedule until a slot becomes available.

How do I get enrolled?

Applications are available at participating distribution locations. Applicants must provide proof age and income eligibility. New applications are completed annually.



For more information please contact Ingrid, Susquehanna County Outreach 570-550-1594